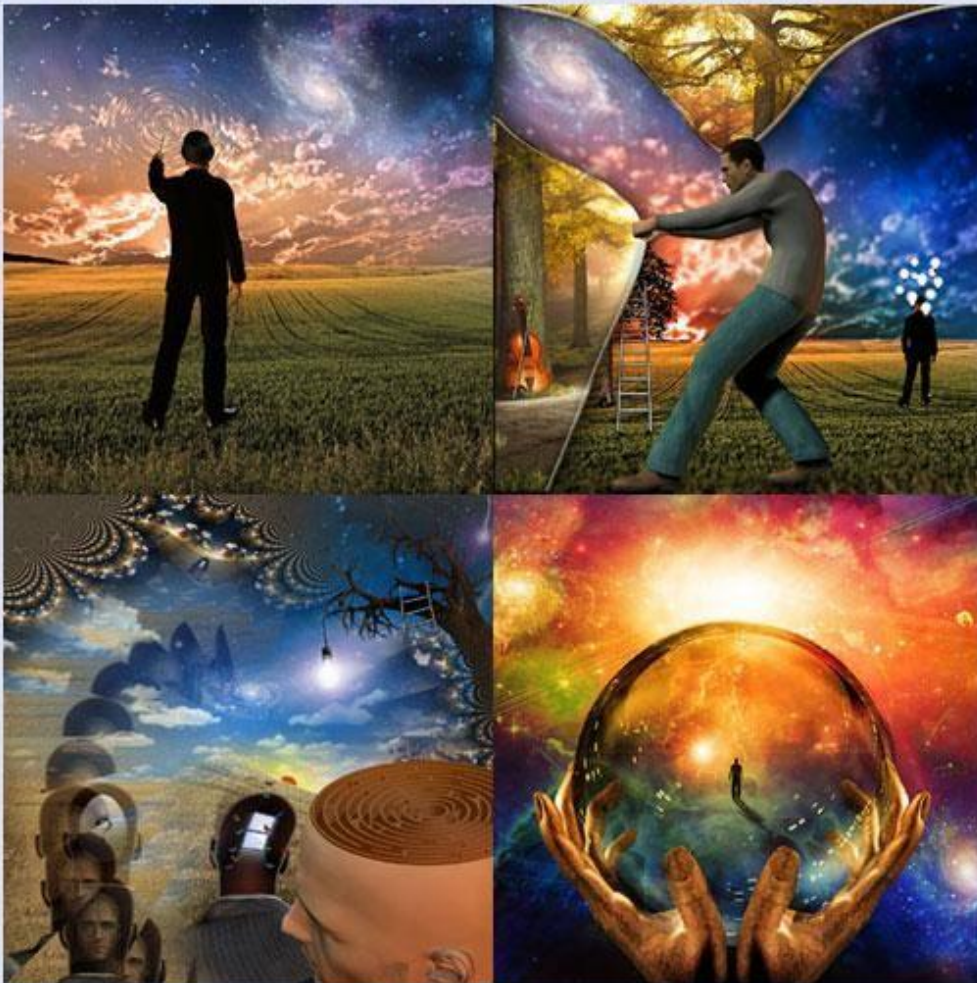


THE 7 REAL MIND POWER SECRETS



BY JIM FRANCIS

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Introduction

“The human mind is an amazing thing and we are only just beginning to understand how, and why, it works as well as it does! Part of this understanding comes from our knowledge of how the mind and brain integrate as a complete unit. Jim Francis, in *Real Mind Power Secrets* extends our understanding of what our minds can accomplish, and offers exercises to train these expanded abilities.

Jim Francis is a serious researcher, who has a background in hypnosis and electronic design. (He once owned an electronic design company that specialized in designing circuitry that was considered “impossible.”) He is a New Zealander, who now spends his time between Australia, New Zealand, and the United States. Jim founded the Australasian Lateral Thinking Newsletter and has been its editor for the past twelve years. He has also been an active skydiver, writer, pilot, and guitarist.

In *Real Mind Power Secrets* Jim describes what luck really is (a personal, psychokinetic resonance with the environment), how it appears to operate in distinct cycles, and describes how, under certain circumstances, luck can be triggered at will. Jim also describes how our sixth sense (intuition) can be made available, and how it can be easily trained, to become as reliable as our usual five senses.

Remote influencing has become a hot topic, under discussion on several Internet sites. Jim describes how the human mind can easily influence other minds, to produce a win-win outcome. He also describes a unique problem-solving mechanism that can trigger answers to critical problems, during the normal sleep cycle - and describes a simple method of dream control.

I have known Jim for several years now and have been impressed with his energy, in pushing the envelope of what we know about our mind’s capabilities. Not only does Jim research and document his discoveries, but he puts them into practical application.

For example, after developing his Luck Cycle concepts, he put them to practical use. He has won over 130 casino jackpots, that he has used to fund further research.

He writes extensively about his discoveries, and believes that they are for sharing with others, rather than keeping them to himself. Jim is a unique individual, who can help you understand and use your mind’s full potential - how you can win with Mind Power.”

Angela Thompson Smith (World’s leading female remote viewer)



PART 1: REALITY CREATION

MIND INTO MATTER

Introduction

My name is Jim Francis.

I am about to explain some of the results of my research program that you might find astounding ...or ridiculous ...depending upon your own personal belief system.

What I would like to point out right at the start is that this project cost today's equivalent of close to a million dollars and was funded by intelligent, serious business individuals. The only reason they kept the funds rolling for so many years was because the project was producing results.

Admittedly several of these people dropped out ...they simply could not handle the implications of an individual being able to identify and change their own natural luck ...and worse still ...intentionally influencing people and events to produce extraordinary windfall situations.

Another developed religious conflicts about our developing a fully working 6th sense intuition process, which could be learned by any average individual. He felt that the 6th sense should remain "mysterious" and should not be able to be evoked at will.

But the majority of the investors remained involved with us and in the final analysis were very glad they did.

Ok, let's start with the basics of reality creation and a simple 21 day plan you can use to start creating the future you desire.

"The Kahuna Way" provides you with the opportunity to learn Hawaiian huna techniques together with new research to manifest the future you desire. Spend some time with each step until it becomes a part of your being before you move on to the next step.

People often get so involved in learning and doing more and more that they lose the core of what they are trying to accomplish. Keep it simple. Follow these five basic steps and miraculous things will happen in your life.

The *Kahuna* Way, Create the Future in 5 Steps

The Hawaiian kahunas, a powerful order of priesthood, believe that each of us is a creator of our life conditions. This means that you created the situation you find yourself in. You have a choice. You either can hang on to present conditions, or you can decide what needs to change and then replace or re-create it. There is nothing that you can't change. You have the potential power of the kahunas, who have been changing the future for centuries.

You will discover that the word huna means "hidden secret" and the kahunas were the keepers of occult secrets known only to a privileged few. With huna, you can change the future. There are many possible futures out there for you like vague thoughts floating around unless you direct and empower them.

As a rule, the future develops from what you're doing right now. The way you respond to people, events and surroundings affects your life and your future. If you put out anger, you will get back anger, and if you love, you will be loved. Everything that happens to you is a reflection or an echo of your own inner attitudes and - feelings, even if buried deep within your subconscious.

Step 1: Decide exactly what you want and write it down

The first step in creating the future is to decide exactly what you want. Choose only one goal and stick with it. Mind power, like any other kind of capacity, expresses intensely only when its energies are focused to a fine point of concentration.

Are you ready to make your dreams and wishes come true? If yes, take time now to write down your goal. Because your Low Self is very concrete and literal, writing down your goal will show it that you are doing something real and not just daydreaming.

If not sure what you want, just write down your ideas. At this point you are simply brainstorming. Don't worry about coming up with the perfect wording. Hesitation, worry or being critical will only put your Low Self out of the picture. Writing your ideas or your goal on paper will help eliminate the things that really don't capture your imagination and will make any vague points more definite. Mull it over for a few days, and it will become very clear to you exactly what you want. By being very sure of your goal, you are less likely to be distracted later on.

Kahuna methods teach that concentrated visualization is an important step toward realization. Form a mental picture of your goal and then repeat it out loud word for word three times, a precise verbal statement of what you are working toward. The stronger and clearer you make your mental image and goal statement, the stronger and clearer will be the results.

Keep both your visualization and goal very focused. Avoid distracting thoughts or images. Hold your mental picture firmly until the manifestation is complete.

Visualization and speaking your future goal will act as a physical stimulus to impress your Low Self, which will then send it to the High Self to be brought into reality.

Most people find visualization easy. However, if you need to develop skill in using mental pictures, you can practice with a simple object, such as an apple. Look at the apple and slowly and carefully observe its attributes. Close your eyes and inwardly see the apple. Open your eyes and look at the color. Close your eyes once more and visualize its shade of color in your mind's eye.

Move to visualizing something more complicated, such as a group of objects on a table. Look them over, close your eyes and reconstruct them in your mind. If necessary, open your eyes briefly to check accuracy or to refresh your memory.

Step 2: Visualize your goal

Reinforce visualization by making a Treasure Map. Put your goal and your visualization for the future right in front of you every day. Basically, your Treasure Map is a picture representing your visualization and goal as closely as possible. Looking at the Treasure Map of your dream-come-true every day will indelibly imprint direction and success on your mind and subconscious. Your subconscious Low Self will delight in it, encourage you to express more of your High Self nature, and bring you a deep sense of inner satisfaction.

Keep your Treasure Map simple and focused toward one goal. On a piece of poster board, place one picture with words underneath expressing your intention for the future.

If affirming money, you could use paper money or a picture of a large stack of bills on your board. For love, you might use a picture of a couple in silhouette walking down the beach arm in arm. To lose weight, paste a picture of your head on top of picture of a slim person. Or trim a picture of you with a pair of scissors down to the figure you desire.

Try to create your Treasure Map as near to what you want as possible. The more exact your map, the more exact will be the results.

Step 3: Reprogram your low self

No matter how much you consciously want something, the future you long for will be withheld if your Low Self holds on to emotions of guilt and feelings of worthlessness. To clear the way for success, you must make amends for any harm you have done to others.

If impossible to make amends directly to someone, you can give a donation to a worthy cause, help someone out, go on a fast or make a sacrifice for a few days, such

as abstaining from something you enjoy. These physical acts are the most effective way to favorably impress the stubborn literal Low Self.

It also essential to release all anger and resentment by sincerely forgiving anyone that may have hurt you. This can be difficult, especially if you feel that your anger is justified. Each incidence of anger only compounds its power over you and makes things worse. Yet, when anger and hatred are replaced with forgiveness and love, there is hope. Clearing out angry emotions is easier said than done. Look at it from the other person's viewpoint and finally love him. You may find that your newfound compassion and kindness allow you to love yourself more.

Overcoming negative thoughts and emotions

You must learn to erase a negative thought or picture by replacing it with its opposite. But do not attempt to think positive thoughts all day long. Let your emotional swings work in the normal manner.

You should tell yourself frequently "I will only react to constructive suggestions." This gives you positive ammunition against your own negative thoughts and those of others. A negative thought, if not erased, will almost certainly result in a negative condition.

Say to yourself "That is in the past. Now in this new moment, this new present, I am already beginning to change for the better." It does not do to repress negative thoughts, such as fears, angers, or resentment. They should be recognized, faced and replaced. Imagine removing the negative thought "by its roots" and replacing it with a positive feeling.

Step 4: Power your way with mana

We all have a power point a little below the navel. With proper breathing, mana enters through this point enabling you to fly and perform other remarkable feats. Start your practice now with a long exhalation. Inhale fully and deeply so your breath reaches your power point. In a relaxed manner, let your belly expand and hold the breath at your power point for five to ten seconds. When you exhale again, think of your breath continuing out beyond the far horizon. Just let go and feel you are one with the sky, the air and the wind.

Deep full-bodied breathing accumulates a huge power surge of *mana*, giving your High Self great force to manifest your future goal. While deep breathing, go over your goal silently or Out loud word for word three times or more.

Step 5: Commitment to practice

You cannot achieve an important goal without a commitment to practice. Therefore, make a promise to yourself to practice these steps on a regular basis to strengthen

your goal. Continue to clear your channels to your High Self and do deep breathing, goal affirmation and visualization every day for 21 days. Enjoy creating your special future.

Further tools to help you

The active visualization in step 2 is crucial ...and for the visualization to work, you should be in the alpha state, the daydream state, as this is how you connect to your subconscious mind. If you have problems dropping down to this alpha state, I have created an extremely effective alpha induction audio to help you within my *Extraordinary World of Alpha* program.

I've also created *The Ultimate Visualization Exercise* will take you on a journey into inner/outer space and help supercharge the manifestation of your desires by connecting to a powerful energy source and comes with a special audio...

...and a program that will help you change your belief system to accept financial windfalls as your right and heritage. It will help you receive amazing bursts of luck. It's called *The Mind Power Jackpot System*.

You'll be able to access these programs and audios in [the full research](#)...

'The best investment I've ever made in my personal development journey'

I have been using the system for three weeks and this is the best investment I've ever made in my personal development journey. The effects are almost immediate...

It's been very liberating gaining this awareness because I'm now able to identify and change the thoughts and beliefs that aren't creating the experiences I want.

I have read lots of books and tried so many things from meditation to hypnosis so that I could identify my destructive beliefs and this program is doing it for me. If you really want to change your life get this program and follow the instructions!

Lori

'This is service to humanity of the highest order'

It is truly unbelievable that you offer so much at such low cost. This is more than just a programme on mind power. Truly this is service to humanity of the highest order. I have spent a considerable amount on similar self-improvement courses but none could match in value what you have offered through this superior self-improvement package. The price I had to pay is more a humble donation than the actual value of this priceless course.' **Bandula**



PART 2: DREAM CONTROL

A NEW WAY TO CREATE REALITY

A great time to program your subconscious mind is just before you go to sleep at night. At this time your brainwaves slow to alpha and theta, and this helps to bypass your conscious mind.

For instance, in my full research I discovered a way that people could find their purpose in life just by programming their subconscious mind just before they went to sleep...

...and even a way for people to program your subconscious mind to remember their dreams and even generate the dreams they wish...

How to remember your dreams at night

This sounds difficult, doesn't it?

But in reality, it is a lot easier than you might think.

The simple trick is to *convince* your subconscious mind that it is to perform this task for you.

And how is this achieved? The easiest way is to give your subconscious precise instructions while you are in a "dream state" just before you go to sleep at night.

And the most effective way to do this is to go to bed an hour or so earlier than usual so that you are still fresh enough to effectively do this "programming" without drifting off from over-tiredness.

You simply instruct your subconscious as follows:

....."I will wake up when I have a really important dream and I will remember it consciously".....

Alternatively you might say.....

....."I will have a dream about (whatever) and I will wake up and remember it consciously".

This message must be repeated over and over as you go to sleep.....either mentally or softly to yourself. This can sometimes be quite hard to do as you may drift off half way through your self-programming.

It is best to record this message over and over and play it as you fall asleep. (If you're not sure how to create this audio for yourself, we have created a special audio using this script that is available in full research)

After using this program

You may achieve results the first time you try it but usually it takes weeks or even months of practice. One helpful aid is to have your pen and paper ready by your bedside so that when you suddenly awaken with full memory of a dream you can quickly jot down the main details.

This process tells your mind that you are serious about dream control and that your intent is to capture these dreams. That is, you are *proving* your intent.

Your subconscious will soon wake up to the fact that you are very serious indeed about the process and eventually supply results that may sometimes leave you breathless.

If you don't get it right the first time keep practicing it. Your subconscious will soon "get the message" and do things your way.

How to generate a specific dream

If you want to have a dream about a specific subject then instruct your subconscious accordingly. This is only slightly harder to achieve than remembering random dreams.

After you practice this procedure for a week or two you may be quite pleasantly surprised to find that you can not only trigger dreams at will.....but actually remember the main details.

When you get to the point when you can program up a dream that you want.. you will usually find that it is presented to you in "coded" format. That is. it is not usually straightforward. The trick then is to analyze it correctly.

The dream universe

The brain is based in physical reality and our dreams occupy the same space as the mind that is, no space at all.

The images that appear in dreams appear as “forms” in other realities and they are not restricted by our physical reality rules of time, space and growth. They involve the materialization of spontaneous constructions which would normally not occur in our physical world.

During the dreaming state your awareness is focused in another reality that is in every way as permanent and valid as the physical reality universe.

The dream universe is also composed of a molecular structure, but takes up no space as we know it. It is continuous but your awareness of it is normally limited to your sleep/dreaming periods. While we are in the wide awake state they run subconsciously.

The events in the dream reality are as meaningful as the events in your physical world and indeed are interrelated. One affects the other ...and vice versa. This is why it is possible (and extremely easy) to program up dreams which have an almost immediate effect in your physical universe.

Dream based events eventually manipulate physical matter and events for the individual concerned, depending upon how they have consciously or subconsciously programmed their dreams.

Pre-programming dreams

One of the easiest and most effective types of dream that you can pre-program relates to your physical health. Sometimes a correctly programmed dream can cause almost miraculous improvements to your health in as little as 12 hours.

Concepts, ideas and creations constructed in dreams are usually constructed physically over a period of time, depending upon the necessity, expectation and emotional yearning for the event or structure to happen. So if you program your dreams for specific structures or events then over a period of time these will materialize given that you focus on a single-minded desire. The impact of any specific dream has physical, chemical, electromagnetic, psychological and psychic repercussions to that individual.

As an individual creates his physical image and environment according to his abilities and defects, and in line with his expectations and subconscious and inner needs, so does he create his dreams; and these interact with the outer environment which he has created”.

The actual individual dream world created by each individual bears a close resemblance to the physical environment created by the individual.

Solving problems through dreams

A person who has problems in the physical world may subconsciously attempt to solve them by playing out various possible solutions on a dream basis.

Consciously the individual may be unaware of these various potential dream solutions but when the correct solution has evolved this will then play out in his physical world and physical events will soon occur that solve the problem.

Dreams are one of your greatest natural therapies and your overriding connection between your psychic and material realities. They are usually totally misunderstood and the majority of people are unaware of how dreams can be manipulated to control your body and environment.

Happy dreams

You can also call up dreams where you are wealthy, happy and surrounded by friends. This will eventually break through into your physical life and start to improve your personal situation. If you decide to evoke such a dream then ask your subconscious to retain a full conscious memory of this event, so that you can dwell on it later and marvel at the freedoms you had.

Suggestions shape dreams ...and your dreams shape your present and future. A very powerful dream can change a person overnight and it has been known to completely eradicate a serious illness overnight.

The actual dream programming technique

It's very simple...

After you go to bed at night and are fully relaxed prior to sleep say to yourself (over and over) ... "I will have dreams tonight that will solve my problem of "

Your problem might be one of an illness such as flu. In this case you would repeat over and over ... "I will have dreams tonight that will solve my flu problem and cure it".

If your problem is one of unhappiness and discontent you would repeat over and over "I will have dreams tonight that cure my unhappiness and make me feel happy and contented"

If your problem is one of negativity then you would repeat over and over "I will have dreams tonight that make me feel positive and contented"

If your problem is one of a feeling of failure then you would repeat over and over "I will have dreams tonight that make me feel successful and fearless"

If your problem is one of a lack of confidence then you would repeat over and over ...“I will have dreams tonight that make me feel confident and dynamic”

How to use the technique

You may find that the desired result happens after the first night of trying ...or you may find that it takes several “bursts” to achieve that which you want.

Luck and goal-seeking aims tend to take longer.

The critical thing is to do your pre-programming thoroughly.

If you have trouble staying awake long enough to focus on this vital process then you might like to record the message repeated for at least 10 minutes.

We have created 15 Dream Programming audios for you so you don't have to create your own audios, including *Financial Abundance*, *Lose Weight Naturally* and *Wake Up Alert, Happy and Excited Every Morning*. You can access these in [the full research](#).

Here's a slightly longer script you can use to improve your overall health. Again, you don't need to create your own audio as we've created one for you.

How to improve your overall health

The wording is as follows:

“I will have dreams tonight that cause my health to improve. Any ailment I am suffering will gradually disappear. Each day I will feel better and better and I will consciously notice this. Aches and pains will disappear and leave me feeling in much better health. I will feel increasingly more active and will feel like doing exercise so that any excess weight will gradually disappear. Whenever I have a drink of liquid this program will reinforce itself.”

Read this to yourself before you go to sleep. Read it 10-20 times.

Summary

I have a feeling that there will be some interesting breakthroughs in this dream research but in the meantime you have been given a brand new concept that you will be able to experiment with to discover the parameters.

And the real beauty is that it is the simplest tool I have come across yet!

Sweet dreams!



PART 3: THE FIELD

COMMUNICATING WITH OTHER MINDS

So far, you've learned how to create your future by programming your subconscious mind using the *Kahuna* way ...and the dream control method.

Today we move up a level.

You'll learn how your subconscious mind has access to all knowledge ...past, present and future ...and it is fully capable of tapping into the source of this "all-knowing" which is sometimes called 'the field'. So let's explore this now in more detail...

The morphogenetic field

It's been called the field, the zero point field, the global brain, the collective consciousness, and Rupert Sheldrake calls it the morphogenetic field.

Sheldrake has proven repeatedly through laboratory controlled experiments that different species of animals appear to be "plugged" into a dedicated intelligence field which is universal to that particular species.

For example, when enough mice in a group have learned a maze, they ALL suddenly know the maze - whether they have run it or not!

It now appears, after a BBC television experiment, that if enough humans have learned something, then it becomes easier for all humans to learn it.

The BBC experiment

The BBC in London tried out Sheldrake's Theory on 8 million of their viewers. They showed on prime time TV, a difficult puzzle that only a very small percentage of their viewers were able to solve. Then the correct answer was also given on prime time TV.

Shortly after, the same experiment was repeated by a TV network in another country. A far higher percentage of these foreign viewers were able to get the puzzle right the first time. As the puzzle was in the form of a universal pictorial concept, language and customs were not considered to be a factor.

The BBC and Sheldrake concluded that as the correct answer was now existing within the human morphogenetic field then the human race now "knows" the answer. Basically Sheldrake's Theory explains "intuitive" functioning to a degree.

What Sheldrake is saying is that there is a "larger" mind for each life-form and each individual life-form "programs" that larger mind. The theory might be laughable except for Sheldrake's acceptance in the scientific community and also the BBC experiment.

The holographic theory of the mind

Let's now talk about the Holographic Theory and how all of the above ties together.

When you cut a hologram in half each half still contains the full picture (with a slight loss of spatial definition), unlike a photographic negative.

If you cut the hologram into very small pieces you will still obtain a recognizable picture of the whole object from any one of the small pieces. The clarity depends on the original quality of the hologram.

One of the leading researchers, Dr. Karl Pribram of Stanford University, feels that the brain probably records information in the same holographic manner. That is, the information is stored over a "family" of brain neurons, not in any one particular small group of neurons.

This would clearly explain why the brain has such incredible storage ability. That is, the brain might well be storing information "spatially" rather than in the standard three-dimensional patterns that we currently believe it is working in.

Likewise, if the theories of universal consciousness and the morphogenetic field are correct (and the indications are that they may be at least partially correct) then each individual human brain is acting as a tiny holographic part of a total hologram.

That is, your brain is part of a whole! It logically follows that your brain has access to the universal brain via this morphogenetic field.

This is how your subconscious can access all knowledge ...past, present and future.

This is the source of this "all-knowing" ...which is beyond our dimension of time and space. In the next chapter we'll look at how you can tap into this knowledge.

Because our minds are all connected to the field, they are also all connected to each other...

Connecting with other minds

How often have you felt that someone was staring at you. You probably turned around and immediately caught the gaze of the "starer".

Or maybe you've unintentionally done this to someone else.

What has not been realized until quite recently is that when you focus on another person, either within eyesight or geographically distant, then that person subconsciously picks up on your attention. Further still, their physiology changes slightly. Their blood pressure increases for a start ...and there are other measurable changes.

Human minds appear to act like an international telephone exchange. When you focus on someone...you "connect" directly with them. There is no error ...the connection is always made.

Then along came remote viewing (also available in my full research). The remote viewers found that not only could they "connect" with their target person in real time ..but they could connect at specified times in the past and in the future (by connecting to them through the field).

A remote influencing experiment you can try

About 20 year ago I launched upon an experiment. I was at the time living in Singapore, on the north side of the island. Every day I had to board a bus and travel a long and boring ride to the south side of the island.

The bus passengers seemed to be ideal subjects to experiment on. So I started trying in various ways to mentally affect their behavior. I always sat near the rear of the bus, and I would pick some target near the front, of whom I had a clear view.

I would visually concentrate on that person, watching their every move. If they moved their head, or an arm, I would visualize that I was moving that head or arm.

After a short period of such concentration, I gradually built up a resonance with the mind of that person.

Once rapport was established I would then imagine an outside event such as a fly had landed on the back of their neck.

The reaction was astounding. They would reach back to brush away the imaginary fly.

I also used Skinner's operant conditioning on myself to enhance my training. I had a great liking for cashew nuts, and I would carry a small bag in my shirt pocket. Each time I was successful in distantly influencing the other person's behavior, I would reward myself with one cashew nut. This may sound a little silly, but no matter

whether we are intelligent humans or a laboratory mouse, operant conditioning works equally well.

Remote influencing, like remote viewing, requires a relaxed mind and body. This is where your alpha training comes in which is available in the full research.

You can try this experiment too (or something similar).

You clearly shape your thoughtform, fill it with the necessary energy ...then release the thought to the target you have chosen.

You must be very clear in your mind exactly what it is you wish to project. 'Waffly' half formed thoughts will go nowhere. That is the first step. The second step is in releasing the thought. You fire this compressed energy thought-ball at the target..... then promptly forget all about it. You DO NOT dwell on it.

A word of warning

In developing projective skills remember that whatever you project outward will be reflected in your environment, so destructive or negative projections will adversely affect you.

The purpose of developing these advanced mind power techniques is to firstly improve your own life... then the life of those around you that you care for.

For instance, one of the most useful applications of remote influencing is in the field of psychic healing. You can seriously affect another person's body cells at a distance. You simply visualize ...with deep intensity the cells in the body becoming well and normalized.

The key to success

I think almost anyone who is capable of a fairly focused concentration, can learn the technique quite easily.

The key is mental imagery. You must be able to visualize imagery well, and imagine feelings. The most difficult period is in the beginning. You must watch for every small indication that you are exerting some influence on the other person, and then build upon that.

Like learning to ride a bicycle, it becomes easier as it progresses, and finally become almost like second nature. It is this very difficult initial step that keeps this phenomenon from being more widely used.

After you have become proficient, you will find that you do not need to see the person you are trying to influence, nor do you need to be in the proximity of that person. In fact distance seems to have no effect on the phenomenon.

This is how your thoughts affect people

You really have to become aware that what you think and what you feel is changing the world outside yourself.

Your thoughts have energy ...this has actually been measured. And when you intently focus these thoughts they develop a resonant energy. Then when you direct this resonance toward one particular person ...with absolute single-minded intensity ...that energy will impact on that target person and affect them.

My research program on *Remote Influencing* contains a number of different methods you can use.

I also created other programs where you can use this mind to mind connection to enhance your life including:

Subjective Communication, where you'll learn how you can connect with another mind, or even a group of people's minds, to create win/win situations.

Basically Subjective Communication gently encourages a remote person or group of people to do things your way in a mutual win-win manner.

The correct use of Subjective Communication will not only influence others to assist in creating spectacular positive events for yourself and all concerned, but it will actually mould your environment in a manner you might find hard to believe!

It is the most important process you can learn next to reading and writing because ...it is the ultimate human communication process.

Contact (also called erotic influencing) can help rekindle a marriage that has lost its romance, or even help you find a new partner.

You can access all these programs in [the full research](#).

Next, let's look at how you can tap into this 'field' of all knowledge...



PART 4: INNER VISION

ACCESSING THE FIELD FOR KNOWLEDGE

In the last chapter, we looked at how your subconscious mind is connected to the field (which is beyond our dimensions of time and space), and how this connection gives the subconscious access to all information - past, present and future.

So today, let's look at how you can retrieve this information from your subconscious because it will not communicate to you through words, but through various other ways...

The pendulum

Ever since I was a child I had been aware of the peculiar abilities of the pendulum. My Dad used to use one. Which was very strange because Dad would never believe that Man could land on the Moon. Until it happened! In fact he had trouble accepting any form of new technology at all. But he believed in the power of the pendulum and the extraordinary power of hypnosis.

I can recall on many occasions that neighbors would bring over eggs for Dad to "sex". (That means to find out whether they were fertile or not).

Dad used to take off his gold wedding ring and tie a piece of cotton to it. He would then let it hang from about 6 inches of cotton over the egg (which didn't seem to mind).

If the ring started to swing in one direction, it was fertilized. If it swung in the other it was not. And the accuracy must have been pretty good because the neighbors kept returning year after year.

This "weight on a piece of thread" is called a pendulum.

So how does the pendulum work?

And the answer is ...I don't really know. And neither does anyone else! All that is known is that it is controlled by the subconscious mind. The idea being that you hold

this "weight on a piece of string" between your thumb and forefinger and wait until all movement stops.

You then ask, either mentally or out loud, a straightforward question that requires a YES or NO answer. The pendulum will start to circle and the direction of this circle gives you the answer. Once you establish whether clockwise or anti-clockwise is your "Yes" you have a useful device which taps directly into your subconscious.

This simple little device has been around for thousands of years.

It does not matter too much what the actual pendulum is constructed of. I use a paperclip on a piece of cotton. As this is very light it has little inertia and tends to pick up rotational speed quite rapidly.

Any small weight on a thread will give basic answers. After all, it is basically only the subconscious mind converting knowledge into a discernible mechanical movement.

The problem with the pendulum technique

The conventional pendulum has major limitations. To use it properly you have to be sitting upright, or close to it.

And there is always a substantial time delay between asking a question and getting an answer. The pendulum has to start swinging and it may take 30 seconds or so before a definite Yes/No answer emerges. During which you have probably started thinking about something else and thereby confuse the pendulum.

I figured there had to be a better way!

It seemed to me that the muscle between the thumb and forefinger was responsible for the swinging of the pendulum weight. This is a subconscious movement and the operator is usually unaware of it.

But anyone sitting watching can usually detect the movement.

And I started to wonder if I could get a Yes/No answer directly from my subconscious without the mechanical assistant.

And this is what I meant when I said right at the start of this report that it started in a very strange way.

The chain-of-events that led up to the present state of knowledge are quite un-real!

Here is what happened:

I was lying on my bed in deep alpha one lunchtime and I started to think about this pendulum business. I was wondering how I could get a "Yes" signal directly from my subconscious. And as I had that thought ...to my total astonishment... my left thumb

muscle gave a distinct twitch. I was absolutely startled! I then asked for a "No" and got a very weak twitch in my right thumb muscle. At that point I forgot all about doing the usual count up out of alpha and sat bolt upright.

I had been given the technique!

It actually took 3 months of constant alpha practice before it happened again, and 12 months of experimenting before I had it going reliably.

The new pendulum technique...

I call it *The Amazing Mental Pendulum* as you don't need to use any device...

The usual mechanical pendulum gives a Yes/No/Maybe response, plus a couple of others if you're really proficient. This Mental Pendulum so far has produced 8 different styles of response ...all very rapid and definite.

This procedure has gone a long way to convince me that the subconscious mind has all the answers necessary for a person to achieve total success and freedom in life! The problem has always been ...how to tap the subconscious for answers.

This whole Mental Pendulum procedure has improved my business and personal life out of sight. And the strange thing about it all is this: I have the feeling it is a "half-way" method to be able to bring on the 6th sense of INTUITION at will.

The reason I say this is because more and more frequently lately I am getting a "full on" mental impression before I even ask the Mental Pendulum for an answer.

That is ...I do not even have to ask the question - I just know the correct answer.

All I have to do is THINK about asking the question!

(The complete step-by step technique is available in [the full research](#))

Ideograms ...and how to improve your chances of picking the next color in a game of roulette!

There is a little known autonomous mind technique which is a branch of the process known as automatic writing and referred to as "Ideograms".

It involves placing a pen on a piece of paper and asking your mind a question in the same way you do when dowsing with a pendulum.

After a very small amount of training the pen will react on the paper by drawing a basic pattern. This will happen automatically without your conscious input. It is your subconscious mind at work.

Now the really interesting thing here is that after a while you do not have to use a pen and paper. You can place your finger on a flat surface and ask a Yes/No question ...and your finger will move autonomously as if it were a pen.

Absolutely ideal on the flat surface of a roulette table where nobody else notices what you are doing!

If you tried using a pendulum on a roulette table you would soon be asked to leave the casino!

You play reds/blacks on the table and simply ask... “will red win on the next spin”? If your ideogram pattern (which happens within 1-2 seconds) says yes then lay your chips on red. If it says no then lay your chips on black.

I typically get between 9 and 14 correct answers in a row before a wrong answer which is enough to make a substantial profit for the day.

In my report *How to Make a Living from Roulette* (available in [the full research](#)), I'll teach you how to make ideograms work.

Synchronicity

Synchronicity means a 'meaningful' coincidence of outer and inner events that are not themselves causally connected ...or a series of seemingly unrelated events which are connected via a hidden agenda.

Synchronicities are events that you attract into your life for various reasons – learning lessons – finances – love –spiritual growth – personal empowerment – health.

As souls we are capable of creating our own reality or drawing synchronicity into our lives as we need to learn and grow. You create the reality on a level other than third dimension. You may not be consciously aware that you are creating it. Shortly afterwards the event manifests into your life.

According to Carl Jung – synchronicity is the term for an acausal connection between events that renders them meaningful to an observer, e.g., precognition, coincidences of dreams with independently occurring events, the frequent co-occurrence of particular numerals within a short time period of time.

You can consider an event synchronistic when an inner experience such as a dream, vision, or other form of déjà vu prepares you for the physical event.

Examples of synchronicity

You have been feeling ill with no apparent cure. You are out for the day and meet someone who knows a doctor or healer with the answers.

You feel depressed and can't find focus in your life and the next person you talk to says something that brings you the guidance you need.

Everyone's favorite ...You drive to a place where parking is next to impossible and someone pulls out of a parking spot or it is just waiting for you.

...and at some time or another it's happened to all of us. There's that certain number that pops up wherever you go. Hotel rooms, airline terminals, street addresses ...its haunting presence cannot be escaped.

Or, you're in your car, absently humming a song. You turn on the radio. A sudden chill prickles your spine. That same song is now pouring from the speaker.

Coincidence, you tell yourself. Or is it?

Luck and synchronicity

These two human attributes appear to be tied closely together.

If you are able to recognize a series of meaningful coincidences in your life ...and ACT on them ...it almost always results in a sudden spectacular burst of what one considers to be brilliant good luck!

The problem is that most individuals do not recognize these synchronistic events, because they are not always related.

By running an audio at night as you go to sleep you can easily train your mind to recognize what is happening and then by following these subconscious messages you can take advantage of them.

The results are sometimes simply beyond belief!!

The Synchronicity Luck program

1. Record the following message 15-20 times leaving a 20-30 second gap between each repeat. If you're doing this on your computer you can also add a small amount of echo/reverberation:

You will recognize synchronistic events and identify what they are leading to. You will have dreams that help to achieve this. You will act decisively on the messages given to you and expect increasingly lucky things to happen. You will become aware of small lucky events happening and realize that your life is changing for the better. Your health and mental outlook will improve daily and you will develop the feeling that good things are about to happen. You will wake up every morning feeling excited and invigorated with the certain knowledge that good luck is coming your way. When

you develop an urge to follow a certain course of action you will do so without question. Every time you take a drink of liquid this program will reinforce itself.

2. Play the message just before you drop off to sleep nightly for 7 – 10 days then give it a rest for several days.

3. You should have noticed an improvement in yourself over this period and probably will have started to become aware of synchronistic events.

After a few days rest run the program again for 7 – 10 days.

Repeat this process and be prepared to reap your rightful rewards.

You don't need to create this audio as we've done it for you. *The Synchronicity Luck Program* is just one of 32 audios available in [the full research](#).

Many thanks for reading this book, and I wish you great success using the mind power secrets I've revealed. Please use them wisely and responsibly.

Now to access all the audios and programs available in the full research, click the link below.

Jim Francis

[Click here to access the full research and all the accompanying audios.](#)

'This system is quite simply the best I have seen'

'It is simply one of the most comprehensive and well put together packages I have ever come across and is offered at a cost which is truly a fraction of its real value ...this is almost certainly the most powerful and effective 'mind power' system currently available.'

'Anyone who has purchased the system, read the e-books and listened to the MP3 entrainment/hypnosis recordings will already know that the whole 'feel' of this package is different from the usual stuff... there is very little about 'universal laws' or the standard quasi-spiritual 'explanations'. Instead the emphasis is on the real cutting edge discoveries that underpins Jim Francis' system, and the practical application of his discoveries.'

'The information is truly powerful, but when combined with the brilliant series of MP3 recordings designed to make the whole process of change automatic, this system is quite simply the best I have seen.' **Peter Roe, Master Hypnotist**

'This has got to be the most comprehensive body of work, EVER!'

'This has got to be the most comprehensive body of work, EVER! I have been looking for something that would cover everything and this is it!

I've tried Silva, Remote Viewing, Influencing, Brain Wave Entrainment, Hypnosis, Energy Healing, and Meditation. This program covers all of that and more. It should seem overwhelming, but it is put together so neatly that it all just flows.

I feel that it is worth so much more than price. It is a great value, and everyone involved in producing this deserves a pat on the back for a job well done.' **Karla**

'My life has changed greatly'

I'm writing to say how my life has changed greatly since using the super mind evolution system. Since reading your reports my luck has changed completely. I frequently use the dream programming technique and within one night of using it I found a new house to live in. It's incredible!

My confidence has skyrocketed and I notice new opportunities presenting themselves to me all of the time. This system is absolutely the best that I have ever come across.' **Owen King, Ireland**

'If you want to change your life this is where you start'

I have been using the dream programming for the last 3 months and I can honestly say it is the best self development program I have ever purchased(not to mention it has been well worth the money). I had notice a difference within a day of using the program. After a month I could not Help but join up to your supermind VIP club.

I have notice things are going my way basically all the time. Things I have wanted just get handed to me and people I want to see show up pretty much straight away. I have tried so many things to achieve all of this and more. To be able to move on with my life and not have things hold me back means alot to me. I cannot thank You enough for these programs. I am so grateful for this. I recommend this to everyone whos reading this. If you want to change your life this is where you start.' **Leah**

[Click here to access the full research and all the accompanying audios.](#)